

Pictures Speak for Inclusion

INFO-PACK

Youth Exchange
Szentes, Hungary

Objectives

Through this project, we want to contribute to reducing the level of social exclusion, stereotyping and discrimination, using photography and promotion of European values.

With this in mind, we set the following objectives:

1. A better understanding of the European values.
2. Develop young people photographic skills.
3. Increase awareness about the effects of social exclusion.
4. Hold a Photography Exhibition with social impact in Szentes.

Partners

- the bettermaking Ifjúsági Alapítvány – Hungary
- Udruzenje Kibitz Kolektiv – Serbia
- Be the Change NGO – Italy
- Sosyal Inovasyon ve Girişimcilik Derneği – Turkey
- Euroactive NGO – Romania
- Get on Board – Bulgaria

Youth Exchange

- Period: 06.07.2020 -17.07.2020 (including travel days)
- Participants: 1 group leader + 5 participants (minimum 2 of them with fewer opportunities)
- Place: Szentes, Hungary

Participants' profile

Participants:

- 18 - 25 years old;
- Are motivated to participate in this youth exchange and are interested in the proposed topic;
- Presents knowledge / interest for photography;
- Presents desire for civic involvement;
- Assume that they will share with others the knowledge, attitudes and abilities learned, and that they will be actively involved in all stages of the project.

Group leaders:

- No age limit;
- Have interpersonal and communication skills, team spirit, strategic thinking oriented to results;
- Promote a positive attitude at the group level;
- Have coordination, planning and organization skills;
- Have an advanced level of English;
- Have experience in volunteering, non-formal education and youth;
- Have competences to evaluate the learning process of young people;

What fewer opportunities are?

- Economic difficulties: young people with low levels of living, low income, socially dependent, long term unemployed, homeless people, young people with debt or serious financial problems, etc.
- Geographical difficulties: young people in remote or rural areas, young people living on peripheral regions or in less-favored areas (limited public transport, abandoned villages) etc.
- Social difficulties: situations in which young people face discrimination (gender, ethnicity, religion, sexual orientation, disability, etc.), young people with limited social skills, young and/or single-parent families, orphans, young people from disorganized families, etc.

Accommodation

- Accommodation and food (breakfast, lunch and dinner) will be covered by the coordinator – the bettermaking Ifjúsági Alapítvány.
- The hosting will be in a student dormitory. The meals will be held for all participants in canteen next to the dormitory.
- The activities will be held in the dormitory's community room.
- Most of you will stay in rooms of 4 persons. There are shared bathrooms in all corridors.
- WI-FI will be also available and free.
- There is a big supermarket with good prices 5 minutes walk from the dormitory.

Venue

Szentes is a town 150 km away from Budapest, having around 28 000 inhabitants.

Szentes lies along the river Tisza and a smaller river Kurca flows through the town as well. Like many other Hungarian cities and towns, Szentes has a spa which is famous for its medicinal water. 20 km far from Szentes there is a significant nature reserve, the Pusztaszeri Tájvédelmi Körzet.



Travel plan

- As it is complicated to reach Szentes by public transportation, the organizer will arrange a bus from Budapest to the venue.
- In order to catch the bus, the participants **MUST** land in Budapest at the latest at 5 pm. We will give you more details after the selection process is finished.
- The trip from Budapest to Szentes is around 2,5 hours.

Reimbursement Budget

Maximum reimbursement by country
(per participant):

- Serbia - 180 EUR
- Italy - 275 EUR
- Turkey - 275 EUR
- Romania - 180 EUR
- Bulgaria - 275 EUR

PLEASE DO NOT buy your tickets
without having the confirmation from
the organizers!

For Turkish participants without visa,
the costs will be reimbursed in the
limit of 60 euro per participant –
according to payment documents.

Travel plan

- As soon as you filled the registration form and your participation is confirmed, the group leaders are requested to submit the group's travel proposal for validation including detailed information about itinerary (departure, arrival, dates, hours, company), type of transport (flight, bus, train etc.) at **bmo.hungary@gmail.com**.
- Please note that travel costs will be reimbursed on the basis of original tickets, boarding passes and invoices/receipts for travel. Do not forget to collect and bring all of them. Only cheapest/economy class travel and public transport will be reimbursed.

Reimbursement Documents

1. Flight tickets (economic class/low cost if possible) – all the following are needed:
 - E-ticket (you receive it by e-mail after you buy the flight);
 - Fiscal invoice (ask your travel agency or check on the website where you buy the ticket how can you get a fiscal invoice). The invoice can be issued on the name of traveler, or on the name of the organization you represent;
 - Boarding Passes (you get it online and print it at home before the flight or directly in the airport);
2. Train tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is even better);
3. Bus tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice it is better);
4. Fuel or Taxi receipts (including Bla Bla car, Uber and such) – will not be reimbursed;
5. Please note that additional services on your bookings will not be reimbursed (extra leg room in the plane, checked-in bags, additional luggage etc.)

Please note that the total duration of the extra stay should not extend more than 2 days before/after the project. Tickets with longer extra stay will NOT be reimbursed.

Reimbursement

The reimbursement will be done by bank transfer, for all participants in the NGO accounts when all the below are fulfilled:

- All travel documents are in the bettermaking Ifjúsági Alapítvány possession.
- The participants have completed the dissemination activities back home.

Insurance

Procuring a valid medical insurance during your stay in Hungary is your own responsibility. European Union citizens are entitled to have a European Health Insurance Card (EHIC) which you can get for free from your health authorities and you can use it in Hungary and in any other EU country as well. Anyway, you can also choose a private insurance for the duration of your stay. Although it might be not mandatory to enter Hungary, if you choose to not have a health insurance you need to be ready to cover any medical related cost.

We strongly encourage you to get a medical insurance for your stay!

Intercultural Nights

For the intercultural evenings, we kindly ask you to prepare interactive presentation of your country. You can present it along with your food and drinks, music, traditional dances, etc. You can do it in the way you think is more suitable for the group, so be as creative as you want. You are more than welcome to bring traditional food and drinks for this evenings. You can also bring your flag, posters, postcards, leaflets or any kind of gift you want to give to the participants in order them to have a picture of where you come from. Videos or games are also a good idea to be implemented during that night.

What to do before you come to Hungary?

1. Complete the application form – [here](#).
2. Enter in the Facebook Group – [here](#).
3. Prepare one workshop about photography (you will receive more details after selection)
4. Do some pictures from the preparation stage (when you work on your workshop for example) and post them on the Facebook group.

What to bring with you?

- All travel documents;
- Your camera and all accessories you need (charger, cards, lens etc.). If you do not have one you can use your phone camera.
- Anything you need for the intercultural night (food, drinks, brochures etc.)
- Comfortable clothes for the activities outside and inside the activity room;
- Any medicine you think you need;
- Anything you think you will need during your stay in Hungary and, of course, **GOOD MOOD!**

Youthpass

You will receive at the end of the project an Youthpass Certificate that will prove your participation in the project and will validate and recognize your learning outcomes.



Contact

Krisztina Kedves

bmo.hungary@gmail.com

+36 20 39 12 638

Kornél Kedves

bmo.hungary@gmail.com

+36 30 15 63 109